

SALADS

Broccoli & almonds with mustard dressing	250
Beetroot & walnuts with yoghurt dressing	200
Zucchini and beans with tahini dressing	200
Matchstick salad with soy dressing	180
Vegetable crudités with vinaigrette	200
Stir fried veggies with pasta	200
Couscous Quinoa salad	200
Assorted roots (seasonal)	200
Tricolour salad	180
Sprouts salad	200

ADDONS

Paneer Soy chunks Couscous Quinoa	75
Feta Cheese Gouda Cheese	100

SOUPS

Tomato & cashew	180
Pea & parsley	150
Roasted pumpkin	150

ADDONS

Garlic bread	75
Chesse Gralic bread	100

JUICES

Salad cooler (Cucumber, tomato, parsley)	150
Liver detox (Beet, celery, mint, ginger)	150
Teeth breaker (Mousambi, orange, lemon, amla, basil, ginger)	150
Joint aid (Pineapple, flaxseed, ginger)	180
Carotene shot (Carrot, melon, watermelon, spirulina)	180
Mossy pond (Iceberg, spinach, broccoli, celery, parsley, lemon, ginger)	200
Twilight (Cherry tomatoes, watermelon, apple, beetroot)	180
Belltom (Tomato, red bell pepper, celery, lemon, tobacco)	180
Kiwi Ale (Kiwi, khus syrup, ginger)	200
Zaffrani Pineapple (Pineapple, kesar syrup)	180

ADDONS

Oats Chia seeds Sunflower seeds Pumpkin seeds Flaxseeds Honey Jaggery	30
Alfalfa Spirulina Wheat grass Barley grass Flaxseed oil	75

SMOOTHIES

Oatty Apple (Oats, apple, banana, honey)	200
Banoffee (Banana, coffee, milk, vanilla ice cream)	180
Fibrous (Apricots, prunes, walnuts, yoghurt)	250
Manilla (Mango, orange, vanilla essence) (seasonal)	200
Globe Trotter (Papaya, Kiwi, pear, apple)	200

TIDBITS

Flaxseed nachos with yoghurt dip	150
Oats nachos with yoghurt dip	150
Oats upma	150

MUNCHILICIOUS GRANOLA

Original	500
Dark chocolate	650
Apricot & strawberry	650
Natural	800
Vegan	800
Chocolate Granola Bars (3 pcs)	150

HIGHLIGHTS

Raw vegetables & fruits are ozonised

We use Extra Light Olive oil for cooking our salads & soups

We use Extra Virgin Olive oil for dressings

No added sugar

IMPORTANT NOTES :

Delivery in bandra (w) & khar (w) | Please allow us 60 min to deliver your order
Order once placed cannot be cancelled | GST extra as applicable
Tuesday to Sunday 10 am to 10 pm

CONTACT DETAILS

To order : +91-9681905050 | Website : www.freshilicious.com
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